

## When to seek immediate emergency care

- Headaches that worsen significantly
- Slurred speech
- Unusual behavior changes
- Seizures
- Loss of consciousness
- Repeated vomiting
- Can't recognize people or places
- Increased irritability
- Increased confusion
- Weakness or numbness in arms or legs

## Contact us

Baseline testing, head injury diagnosis, and treatment are available at multiple Wheaton Franciscan Medical Group clinics in Metro Milwaukee. Call (414) 325-6251 for information and to find a specific clinic nearest you.



## Mission

Wheaton Franciscan Healthcare is committed to living out the healing ministry of Jesus by providing exceptional and compassionate health care service that promotes the dignity and well being of the people we serve.

## CONCUSSION CARE NETWORK

Managing head injuries in children and adults



Concussion Care Network  
(414) 325-6251

**Making Our Community  
Stronger. Healthier. Better.**



**Wheaton Franciscan Medical Group**

*In Partnership with the Felician Sisters*

**midwest orthopedic**  
SPECIALTY HOSPITAL

Sports Medicine

*Affiliated with Wheaton Franciscan Healthcare*

[www.mywheaton.org/concussion](http://www.mywheaton.org/concussion)

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## What is a concussion?

A concussion is a traumatic brain injury that is caused by a direct or indirect blow to the head. Signs and symptoms may appear minutes or hours after the injury.

## Signs and symptoms of a concussion

- Loss of consciousness (even if brief)
- Fatigue or drowsiness
- Nausea or vomiting
- Dizziness or balance problems
- Double or blurry vision
- Sensitivity to light or noise
- Headache or pressure in head
- Appears dazed/stunned or confused
- Problems remembering, concentrating, or focusing
- Changes in personality or behavior

## What to do if you suspect a concussion

Wisconsin State law requires any child in an organized athletic program suspected of a concussion to be removed from play. To return to play, the child must be evaluated and cleared by a health care professional. The brain needs rest from sports and school in order to heal. Taking another hit while still experiencing any of the symptoms can be life-threatening. It is never safe to return to play if an athlete is experiencing any symptoms of a concussion.

## Seeking medical attention

A health care professional will determine the severity of the concussion and when it is safe to return to sports. The experienced staff of the Concussion Care Network will manage concussion in the best, most complete way possible.

## Get the experienced care you need in the event of a head injury

Our team of physicians, physician assistants, and certified athletic trainers has extensive training in concussion management. By using a variety of clinical tools to assess the severity and progress of each injury, we are able to make individualized recommendations for treatment.

### Services include:

- Symptom score
- Balance testing
- Vestibular screening
- Neurocognitive testing
- Vision screening
- Neurological exam

Most concussions resolve in a reasonable amount of time. Should your child's injury persist, we will draw on the expertise of our team, consisting of primary care, neurology, neuropsychology, sports medicine, and vestibular therapy.

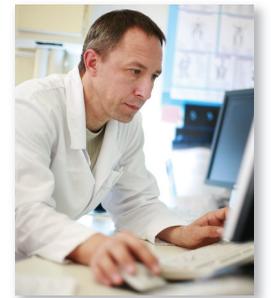


## Baseline testing for athletes and why it's important

The Concussion Care Network recommends that all athletes, especially those involved in contact sports, complete a computerized neurocognitive test before their season starts to establish a baseline. This baseline can then be compared to a post-concussion test if the athlete suffers a head injury during their season. Comparing the baseline and post-concussion scores can help determine when an athlete is ready to return to normal activities.

The baseline test measures such things as attention, visual memory, and reaction time.

The brief series of tests is taken on a computer and takes about 30 minutes to complete. Parents will



have to access to the results. Baseline testing is recommended for athletes participating in contact sports such as football, lacrosse, soccer, basketball, cheerleading, and gymnastics.

The test is appropriate for ages 10 through adult. Baseline testing is available at multiple Wheaton Franciscan Medical Group clinics in Metro Milwaukee and costs \$20 per person. Team rates are available.

Appointments are available Monday through Friday. Find out more about baseline testing by calling (414) 325-6251.